## Directions from Lorgues to La Napoule (via Saint-Raphaël) and back to Lorgues (via Les Arcs).

- 1. From Lorgues, take the D10 (Route Des Arcs) through Taradeau to Les Arcs. Always follow signs towards Les Arcs.
- 2. From Les Arcs follow signs towards Le Muy. Shortly after leaving Les Arcs, the D10 will merge with the DN7 (Route d'Aix en Provence).
- **3.** From Le Muy follow signs towards Fréjus. After Le Muy, the DN7 becomes the Route de Fréjus.
- 4. Once in Fréjus, follow signs towards Fréjus Plage. If you plan on taking the train later, you can stop at the Gare de Fréjus for schedules and other info.
- 5. From the beach in Fréjus, follow Boulevard d'Alger east along the beach to Saint-Raphaël.
- 6. Continue on the road that runs next to the sea (D559). It runs all the way from Saint-Raphaël to La Napoule, becoming the D6098 near Le Trayas.
- 7. Once in La Napoule, find the Mandelieu-la-Napoule station in the center of town and board a train to Les Arcs-Draguignan.
- **8.** Exit at the Les Arcs-Draguignan station and follow signs back towards the D10 and Lorgues.
- **9.** When you arrive back in Taradeau, look for signs for the D73 towards Vidauban. You can continue up the D10 towards Lorgues, but I think the road is easier from Vidauban.
- **10.** The D73 will lead you to the D48 where you'll have the choice of going left to Vidauban or right to Lorgues. Go towards Lorgues.
- **11.** After ascending to the top of the D48, you'll reconnect with the D10. Follow signs towards Lorgues.